C:\Program Files\Microsoft Office\Media\CntCD1\ClipArt7\j0305631.wmfNETBALL

Netball is a fun and exciting game that everyone can play.

Only 7 people can be in a team the other people have to stay off.

To play you need a netball, 2 netball hoops and a netball court.

The aim of the game is to try to get the ball into the hoop to get a point. To play netball you need to throw the ball to each other. To win the game you have to get the most points.

The rules you have to follow are: you can’t step with the ball, you can only have the ball for 3 seconds and can only run between some lines.

Netball is a fun game it keeps you fit.